



communicate
POWERFULLY
Inspiring Change

Are your people asking for training to help them get better at speaking up in meetings and getting their message across clearly?

Have you got a capability gap and need your people to improve their communication skills?

Do you need a communication training programme that's rated highly by past participants?

Learning Modules

- ✓ Introduction to Communicate Powerfully
- ✓ Internal Communication
- ✓ Communication Styles
- ✓ The Art of Listening & Asking Great Questions
- ✓ The Power of Voice and Body Language
- ✓ Written Communication
- ✓ Storytelling
- ✓ Developing Emotional Intelligence
- ✓ Assertive Communication and Conflict
- ✓ Vital Conversations and Feedback
- ✓ Powerful Presentations
- ✓ Participant Presentations

About

Communicate Powerfully is a workplace training programme designed to develop the communication capability of participants.

The results of this programme are driven by individually set goals and programme outcomes determined by each participant.

As a result of participating, your people can become highly effective at building relationships with all stakeholders, influencing decisions and outcomes while inspiring and driving positive change within your organisation.

This programme will empower people at every level of your organisation to confidently communicate in a way that leaves people feeling respected, listened to and clear on how to proceed.

Communicate Powerfully Programme Learning Outcomes

As a result of this 12-module training programme, participants will:

- Understand different communication styles and be capable of identifying the style most useful in a situation.
- Be able to demonstrate how to have vital conversations well.
- Develop self-awareness and emotional intelligence to better understand the impact of these on communication.
- Build trusting relationships by developing active listening and insightful questioning.
- Create written communication that is effective.
- Discover the impact of your non-verbal communication and identify areas of growth.
- Combine your programme learning to create an engaging presentation.

About Your Facilitator Karyn Annan (Riley):

With over 25 years of experience in the personal and business development industries, I specialise in helping teams, organisations and individuals break through barriers and challenges, be more productive, communicate with confidence, work together effectively using unique strengths and communication styles, and achieve business and personal results.

With mindset, positive psychology, strengths and wellbeing being core components of my business, Riley Life, these all underpin powerful communication skills, self-leadership, and awareness of self and others.

My approach combines practical strategies with psychological insights, helping individuals and teams thrive by communicating with authenticity, clarity, and impact.



My Qualifications

- Certified Communicate Powerfully Licensed Trainer
- Communication, Advocacy and Marketing course
- Psychology of Wellbeing
- Accredited CliftonStrengths Coach
- Bachelor of Psychology
- International Coach Federation Accredited Coach



Testimonials

“Communicate Powerfully is our most popular in-house training course provided to staff. We consistently have applications throughout the year. Sometimes people are waitlisted for over 12 months to get on this programme.”

Sonia-Appleby Maine, Learning & Development
Tauranga City Council

“I have been with the Council for nearly nine years and have done multiple courses but this one I can say honestly was the most beneficial programme I had the pleasure of attending. The skills that I have learnt are skills that I apply to my day-to-day activities. This completely changed the way I do things and if I had the chance to do it again, I would in a heartbeat.”

Stuart Kokaua
Health & Safety Coordinator

“This is hands down the most valuable course I have ever completed, and I hope you realise how much each of us are taking away from your amazing energy and wealth of knowledge!”

Nicky Hamilton
Waikato Regional Council

NET PROMOTER SCORE

